



5275 Market St. San Diego Ca. 92114

619-639-7105

SUMMER CLASSES (June 22nd- August 23rd)

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Mini 12-12:45 Level 1 1:00-2:00 Level 2 2 :00-3:00 Level 3/4 3:00-4:00	Level 1/2 5:00-6:00	Level 3/4 5:00-6:00	Level 1/2 5:00-6:00	Level 3/4 5:00-6:00	Team Tumbling	

Class Descriptions

Mini Tumbling: This is a beginning tumbling class for children ages 4-6.

Level 1: This is a beginning tumbling class where the participants will learn the fundamentals of tumbling

Level 2: This tumbling class is for participants who have already mastered level 1 tumbling skills and are ready to focus on back handsprings.

Level 3: This tumbling class is for participants who have mastered level 2 and are ready for running tucks.

Level 4: This tumbling class is for participants who have mastered level 3 and are ready to work lay-outs and standing tucks.

Level 5: This tumbling class is for participants who have mastered level 4 and are ready to work fulls. **Participants must have a lay-out in order to participate in this class.**

Classes cost \$12 per class or buy 4 or more classes and only pay \$8 per class! (Package starts at 4 for \$32)